Smoking, Drinking and Drug Use Among Young People in England (SDD)
Consultation questionnaire

Published 05 December 2017
NOTE: This version of the questionnaire has been created so that groups of respondents can share their thoughts before submitting a joint response.

For example respondents from the same organisation or user group may like to work together by circulating their thoughts via this document, before one representative submits a joint response on behalf of the organisation or user group.

The survey should be completed here: SDD Survey
Overview

The Smoking, Drinking and Drug Use Among Young People in England (SDD) survey is designed to monitor smoking, drinking and drug use among secondary school pupils aged 11 to 15.

SDD runs on a biannual basis and each survey includes a core section of questions covering the following:

- pupils’ experience of smoking, drinking and drug use;
- consumption of cigarettes and alcoholic drinks in the last week; and
- awareness and availability of specific named drugs.

More detailed questions were also asked but the sample was split in two in order to make it possible for pupils to complete the questionnaire in one school period. Half the pupils were asked additional questions on smoking and drinking and the other half were asked additional questions on drug use. The additional questions included:

- where pupils get cigarettes, alcohol and drugs;
- attitudes of pupils and their families to smoking, drinking and drug taking;
- sources of information about smoking, drinking and drug taking;
- exposure to second-hand smoke;
- where and with whom pupils drink;
- experience of drunkenness; and
- types of drugs taken.

Why We Are Consulting

NHS Digital is undertaking this consultation to find out if there are any improvements that can be made to the SDD survey and to support the design of future surveys. We are currently reviewing the content of the survey and are consulting with users to ensure the survey continues to be relevant and to meet users’ needs.

Your views will help determine what information on smoking, drinking and drug use amongst young people is collected through this survey in the future and how it is reported.
Your use of SDD information

1. Have you used, or do you think you will use, the survey data/findings from the 2016 SDD survey that was recently published?

   Yes ☒
   No ☐

   If No, please say why you think you won’t use any of the survey data or findings. Then skip to question 5.

   Click here to enter text.

2. What information from the SDD survey do you use/do you think you will use?

   Select all that apply:
   - Information on smoking ☐
   - Information on drinking ☒
   - Information on drug use ☐

3. What SDD data/findings have you used/do you think you will use?

   The latest PDF report and Excel tables are available here: http://digital.nhs.uk/pubs/sdd16

   Select all that apply:
   - PDF reports ☒
   - Excel Tables ☒
   - Dataset* ☒

   * Not all the information collected in the questionnaire could be reported on in the main PDF report but more data are made available in the UK Data Service catalogue for users to undertake their own analyses. The survey data are expected to become available early 2018.

4. For what purpose(s) do you currently use the SDD outputs?

   Select all that apply:
   - Informing policy making ☒
   - Policy monitoring and evaluation ☒
   - To measure the Public Health Outcomes Framework desired outcomes ☐
   - Comparing local indicators with national figures ☒
   - Planning services ☐
   - To examine trends and behaviours ☒
Survey content - smoking

The next three sections are about the content of the survey. Therefore you may find it useful to refer to the questionnaire which can be opened via this link. It will open one document which contains both the smoking and alcohol focussed questionnaire, followed by the drugs focussed questionnaire.

5. The table below lists a number of different question areas around smoking.

Please indicate the three you think are most useful and the three you think are least useful by ticking the appropriate boxes:

<table>
<thead>
<tr>
<th>Question Area</th>
<th>Most Useful</th>
<th>Least Useful</th>
</tr>
</thead>
<tbody>
<tr>
<td>Awareness and use of electronic cigarettes</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Attitudes to smoking, (e.g. is it OK to try smoking to see what it’s like)</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Perceptions of how many people their own age smoke</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Whether information on smoking is provided in school</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Access to information on smoking from different sources</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Whether information provided by schools on smoking is considered sufficient</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Family attitudes/perceived attitudes to young person smoking/starting to smoke</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Dependence on smoking (e.g. whether they would like to give up, perceptions of how difficult it might be, have they tried to)</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Length of time as regular smoker</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Type of cigarettes smoked</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Where young people get cigarettes from</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Buying cigarettes from a shop (how easy/difficult this is, visibility, attempts to buy, quantity bought, frequency bought, refusals, asking others to buy)</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Questions</td>
<td>Yes</td>
<td>No</td>
</tr>
<tr>
<td>--------------------------------------------------------------------------</td>
<td>-----</td>
<td>----</td>
</tr>
<tr>
<td>Others buying cigarettes from a shop for young person (incl who and how often)</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Smoking amongst family and friends</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Exposure to others’ smoke</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Perceptions of why young people their age smoke</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Whether people they live with smoke and whether they do this inside the home.</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Reason(s) for smoking cigarette for first time</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Reason(s) for trying e-cigarette for first time</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>

6. Are there any questions on cigarette behaviour NOT included in the current survey that you would like to see in future surveys?

   No  ☐
   Yes ☐

   If Yes, please say what other questions on cigarette behaviour do you think should be included and why?

   Click here to enter text.

7. Are there any questions on e-cigarette behaviour NOT included in the current survey that you would like to see in future surveys?

   No  ☐
   Yes ☐

   If Yes, please say what other questions on e-cigarettes do you think should be included and why?

   Click here to enter text.
Survey content - drinking

8. The table below lists a number of different question areas around **drinking**.

Please indicate the **three** you think are most useful and the **three** you think are least useful by ticking the appropriate boxes:

<table>
<thead>
<tr>
<th>Question Area</th>
<th>Most Useful</th>
<th>Least Useful</th>
</tr>
</thead>
<tbody>
<tr>
<td>Frequency of being drunk in last 4 weeks</td>
<td>☒</td>
<td>☐</td>
</tr>
<tr>
<td>Attitudes to drinking alcohol (e.g. is it OK to get drunk once a week)</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Perceptions of how many people their own age drink</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Whether information on drinking is provided in school</td>
<td>☐</td>
<td>☒</td>
</tr>
<tr>
<td>Access to information on drinking alcohol from different sources</td>
<td>☐</td>
<td>☒</td>
</tr>
<tr>
<td>Whether information provided by schools on drinking is considered sufficient</td>
<td>☐</td>
<td>☒</td>
</tr>
<tr>
<td>Family attitudes to child starting drinking alcohol</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Buying alcohol (where buy, ability to buy, other people buying it)</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Other access to alcohol (given alcohol by family/friends/others, stealing/taking alcohol)</td>
<td>☒</td>
<td>☐</td>
</tr>
<tr>
<td>Parental/guardian attitudes to drinking</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Where young people drink alcohol and with whom</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Whether young people had tried to get drunk</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Experience of adverse consequences of drinking (e.g. vomiting, fights, losing money etc.)</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Pubs, bars, clubs and drinking behaviour (e.g. frequency of visits, who with, whether bought and drank alcohol)</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Perceptions of why young people their age drink</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Whether people they live with drink and whether they do this inside the home</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Reason(s) for drinking alcohol for the first time</td>
<td>☒</td>
<td>☐</td>
</tr>
</tbody>
</table>
9. Are there any questions on alcohol behaviour NOT included in the current survey that you would like to see in future surveys?

No ☐
Yes ☒

If Yes, please say what other questions on alcohol do you think should be included and why?

We believe that the SDD survey could benefit from breakdowns by region, by parents’ income, and by parents’ socioeconomic group (or deprivation), especially for the following metrics:
- Ever had an alcoholic drink, by sex and age
- Had an alcoholic drink in the last week
- Were drunk in the last four weeks

**Survey content - drugs**

10. The table below lists a number of different question areas around **drugs**. Please indicate the three you think are most useful and the three you think are least useful by ticking the appropriate boxes.

<table>
<thead>
<tr>
<th>Question Area</th>
<th>Most Useful</th>
<th>Least Useful</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attitudes to taking drugs (e.g. is it OK to try cocaine to see what it’s like)</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Perceptions of how many people their own age take drugs</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Whether information on taking drugs is provided in school</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Access to information on taking drugs from different sources</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Whether information provided by schools on drugs is considered sufficient</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Outcomes from school lessons on drugs (e.g. helped young person think about risks, avoid drugs, find out more about drugs, what to do if offered)</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Details of first occasion on which drugs were taken (i.e. type of drug(s) and who they got them from)</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Details of most recent occasion of drug use (type of drug(s), how recent, where and from who the drugs were obtained, also whether drinking at time, who with)</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Ease of access to drugs/whether have bought drugs in a shop/internet</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Reason(s) for taking drugs for first time</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Effects of drugs (how they make the young person feel)</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>
Dependence on drugs (desire to stop and perceived need for help/treatment) ☐ ☐

Family attitudes/perceived attitudes to young person taking drugs ☐ ☐

Refusing drugs (if have refused and why) ☐ ☐

11. The current survey asks pupils if they have heard of, been offered or used individual drugs, these are;

- Cannabis
- Cocaine
- Crack
- Ecstasy
- Amphetamines
- Poppers
- Mephedrone
- LSD
- Magic mushrooms
- Ketamine
- Nitrous oxide
- New psychoactive substances (previously known as legal highs)
- Heroin
- Methadone
- Glue, gas, aerosols or solvents (volatile substances)
- Tranquillisers
- Other drugs

Are there any drugs NOT included in the current survey that you think should be included?

No ☐

Yes ☐

If Yes, please say what other drugs do you think should be included and why?

Click here to enter text.

12. Are there any questions on drug behaviour NOT included in the current survey that you would like to see in future surveys?

No ☐

Yes ☐

If Yes, please say what other questions on drugs do you think should be included and why?

Click here to enter text.
Reporting and analysis – all topics

13. Is there any other information or analyses that aren’t currently included in the main SDD report (ie. the pdf and excel tables) that you think should be included?

The latest PDF report and Excel tables are available here:
http://digital.nhs.uk/pubs/sdd16

- No ☒
- Yes ☐

If Yes, please say what other information/analyses you think should be included and why?

Click here to enter text.

Reporting and Analysis – proposed changes

14. We are proposing to change a small number of the published tables in order to make them more useful. The proposed changes have been published on a supplementary information area on the NHS Digital website (link below), each table will give a brief overview of the proposed changes. If you agree with all proposed changes please select ‘Agree with change’ below, or if not please select ‘Disagree with change’ and say which table(s) you disagree with the proposed changes and why.

Proposed changes to tables

<table>
<thead>
<tr>
<th>Proposed table change</th>
<th>Agree with change</th>
<th>Disagree with change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Table 2.5 – Cigarettes smoked in the last week, by smoking status</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Table 2.9 – Mean number of cigarettes smoked per day, by sex</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>Table 7.1 – How obtained alcohol in the last four weeks</td>
<td>☒</td>
<td>☐</td>
</tr>
<tr>
<td>Table 7.3 – How obtained alcohol in the last four weeks, by units of alcohol drunk in the last week</td>
<td>☒</td>
<td>☐</td>
</tr>
</tbody>
</table>

If you select ‘Disagree with change’, please state which table(s) you disagree with and why.

Click here to enter text.
**Future Surveys**

15. Below is a list of other potential ways of disseminating the results of the survey. Please tick the option you think would be most useful:

- Presentations at seminars
- Webinars
- Videos ☒
- Interactive online analysis tools
- Interactive quizzes using the survey findings

16. Do you have any other ideas on how the results should be disseminated?

- Yes ☐
- No ☒

If Yes, please provide further details

Click here to enter text.

17. How often do you think SDD should be run?

- Every year ☒
- Every two years *(current format)* ☐
- Every three years ☐
- Every four years ☐
- Every five years ☐
- Every seven years ☐
- Every ten years ☐
- No requirement for another survey ☐

18. If SDD was not run again, what impact would this have on your work?

- High ☒
- Medium ☐
- Low ☐
- No impact ☐

Please describe what the impact would be?

The ‘drinking’ component of the SDD survey provides the single most up-to-date and accurate portrayal of young people’s drinking in England. If it no longer ran, we would
have little or no idea of the extent to which pupils drink and therefore no way to reliably monitor and make sound evidence-based policy suggestions concerning underage drinking. The issue of underage drinking is too important to be undermined by the loss of such a valuable dataset.

19. If you have other comments or feedback about SDD or if you would like to expand on any of the answers you have provided please use the space below.

Click here to enter text.

20. Would you like to be involved in the design of any future surveys?

Yes ☒ (please ensure you have entered your email address)

No ☐

21. Would you be happy for us to contact you to discuss your responses if we need clarification or to answer any questions you may have asked?

Yes ☒ (please ensure you have entered your email address)

No ☐

22. How did you hear about this consultation?

NHS Digital website ☐

NHS Digital tweet ☐

Contacted directly by NHS Digital ☒

Other (please specify) ☐

Click here to enter text.

**Personal Details**

**Confidentiality and Data Protection**

Please note that if you want the information that you provide to be treated as confidential, be aware that, under the Freedom of Information Act, there is a statutory Code of Practice with which public authorities must comply and which deals, among other things, with obligations of confidence. In view of this it would be helpful if you could explain to us why you regard the information you have provided as confidential. If we receive a request for disclosure of the information, we will take full account of your explanation but we cannot give assurance that confidentiality can be maintained in all circumstances.

Please complete the following details:
23. Full name: Habib Kadiri

24. Email address: hkadiri@ias.org.uk

If you enter your email address then you will automatically receive an acknowledgement email when you submit your response.

25. Type of respondent or organisation:

Please select the appropriate box.

- Academic
- Charity or voluntary organisation ☒
- Media
- Member of the public
- Private sector
- Public sector - Department of Health
- Public sector - Public Health England
- Public sector - NHS England
- Public sector - Other NHS organisation
- Public sector - Local Authority
- Public sector - Other
- Other

26. Organisation Name: The Institute of Alcohol Studies

27. Is this a consolidated response on behalf of your organisation?

- Yes ☒
- No ☐

Thank you for completing this survey.
If you have any queries, please email: surveys.queries@nhs.net