

## Appendix:

*Table 1: Reported frequency of being offered an alcoholic drink at a work event or meeting in the past six months*

| In the past 6 months how often have you been offered an alcoholic drink at a work meeting or event? |             |              |             |             |            |
|-----------------------------------------------------------------------------------------------------|-------------|--------------|-------------|-------------|------------|
| Role                                                                                                | % (n)       |              |             |             |            |
|                                                                                                     | Never       | Occasionally | Monthly     | Weekly      | Daily      |
| Member of Parliament (n=24)                                                                         | 16.67% (4)  | 16.67% (4)   | 12.50% (3)  | 41.67% (10) | 12.50% (3) |
| Member of Staff, Westminster (n=58)                                                                 | 10.34% (6)  | 37.93% (22)  | 18.97% (11) | 29.31% (17) | 3.45% (2)  |
| Member of Staff, Constituency Office (n=108)                                                        | 47.22% (51) | 43.52% (47)  | 8.33% (9)   | 0.93% (1)   | 0.00% (0)  |
| Total (n=190)                                                                                       | 32.10% (61) | 38.42% (73)  | 12.10% (23) | 15.26% (29) | 2.63% (5)  |

*Table 2: Availability of alcohol in the parliamentary workplace compared to other workplaces*

| Which statement best describes your opinion of the availability of alcohol in your workplace (Westminster or constituency office) compared to other workplaces? |                                                 |                                    |                                              |                                    |                                |                                                              |                                    |                                              |                                    |                                |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------|------------------------------------|----------------------------------------------|------------------------------------|--------------------------------|--------------------------------------------------------------|------------------------------------|----------------------------------------------|------------------------------------|--------------------------------|
| Role                                                                                                                                                            | % (n)                                           |                                    |                                              |                                    |                                |                                                              |                                    |                                              |                                    |                                |
|                                                                                                                                                                 | In Westminster, compared to other workplaces... |                                    |                                              |                                    |                                | In the constituency office, compared to other workplaces.... |                                    |                                              |                                    |                                |
|                                                                                                                                                                 | Alcohol is much more available                  | Alcohol is somewhat more available | Alcohol is as available in as it is in other | Alcohol is somewhat less available | Alcohol is much less available | Alcohol is much more available                               | Alcohol is somewhat more available | Alcohol is as available in as it is in other | Alcohol is somewhat less available | Alcohol is much less available |

|                                              |             |             | workplace settings |           |           |           |           | workplace settings |            |             |
|----------------------------------------------|-------------|-------------|--------------------|-----------|-----------|-----------|-----------|--------------------|------------|-------------|
| Member of Parliament (n=24)                  | 50.00% (12) | 29.17% (7)  | 20.83% (5)         | 0.00% (0) | 0.00% (0) | 0.00% (0) | 0.00% (0) | 16.67% (4)         | 4.17% (1)  | 25.00% (6)  |
| Member of Staff, Westminster (n=58)          | 48.28% (28) | 31.03% (18) | 18.97% (11)        | 1.72% (1) | 0.00% (0) | 0.00% (0) | 0.00% (0) | 3.45% (2)          | 1.72% (1)  | 5.17% (3)   |
| Member of Staff, Constituency Office (n=108) | 32.41% (35) | 11.11% (12) | 0.93% (1)          | 0.00% (0) | 0.00% (0) | 0.00% (0) | 7.41% (8) | 28.70% (31)        | 9.26% (10) | 47.22% (51) |
| Total (n=190)                                | 39.47% (75) | 19.47% (37) | 8.95% (17)         | 0.53% (1) | 0.00% (5) | 0.00% (0) | 4.21% (8) | 19.47% (37)        | 6.32% (12) | 31.58% (60) |

Table 3. Reported negative experiences in the past six months due to someone else's drinking at a work meeting or event

| In the past 6 months have you experienced any of the following due to someone else's drinking at a work meeting or event? (tick all that apply) |      |                                       |                                   |                        |                               |                                    |                                                |                   |  |
|-------------------------------------------------------------------------------------------------------------------------------------------------|------|---------------------------------------|-----------------------------------|------------------------|-------------------------------|------------------------------------|------------------------------------------------|-------------------|--|
| Role                                                                                                                                            | (n)  |                                       |                                   |                        |                               |                                    |                                                |                   |  |
|                                                                                                                                                 | None | Been harassed, insulted or humiliated | Felt threatened, afraid or unsafe | Been harmed physically | Had unwanted sexual attention | Had property or belongings damaged | Had serious argument without physical violence | Prefer not to say |  |

|                                                      |                 |              |              |              |              |              |              |              |
|------------------------------------------------------|-----------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| Member of Parliament<br>(n = 23)                     | 86.96%<br>(20)  | 4.3%<br>(1)  | 8.70%<br>(2) | 0.00%<br>(0) | 0.00%<br>(0) | 0.00%<br>(0) | 0.00%<br>(0) | 4.3%<br>(1)  |
| Member of Staff,<br>Westminster<br>(n = 56)          | 87.50%<br>(49)  | 5.36%<br>(3) | 5.36%<br>(3) | 1.79%<br>(1) | 5.36%<br>(3) | 0.00%<br>(0) | 3.57%<br>(2) | 0.00%<br>(0) |
| Member of Staff,<br>Constituency Office<br>(n = 108) | 94.44%<br>(102) | 2.78%<br>(3) | 0.93%<br>(1) | 0.00%<br>(0) | 3.70%<br>(4) | 0.00%<br>(0) | 1.85%<br>(2) | 0.00%<br>(0) |
| Total (n=187)                                        | 91.44%<br>(171) | 3.75%<br>(7) | 3.21%<br>(6) | 0.53%<br>(1) | 3.75%<br>(7) | 0.00%<br>(0) | 2.14%<br>(4) | 0.53%<br>(1) |

*Table 4. Reported occasions of colleagues being hungover or under the influence of alcohol.*

|                                                                                                                                                                              |              |           |                 |                          |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|-----------|-----------------|--------------------------|
| In the past 6 months, have there been any occasions when you suspected that one or more of your colleagues at work may have been hungover or under the influence of alcohol? |              |           |                 |                          |
| <b>Role</b>                                                                                                                                                                  | <b>% (n)</b> |           |                 |                          |
|                                                                                                                                                                              | <b>Yes</b>   | <b>No</b> | <b>Not sure</b> | <b>Prefer not to say</b> |

|                                                 |                |                 |                |              |
|-------------------------------------------------|----------------|-----------------|----------------|--------------|
| Member of Parliament (n=23)                     | 34.78%<br>(8)  | 52.17%<br>(12)  | 8.70%<br>(2)   | 4.35%<br>(1) |
| Member of Staff, Westminster<br>(n=56)          | 39.29%<br>(22) | 51.79%<br>(29)  | 8.93%<br>(5)   | 0.00%<br>0   |
| Member of Staff, Constituency<br>Office (n=108) | 23.15%<br>(25) | 64.81%<br>(70)  | 11.11%<br>(12) | 0.93%<br>(1) |
| Total (n=187)                                   | 23.41%<br>(55) | 59.63%<br>(111) | 10.16%<br>(19) | 1.07%<br>(2) |

Table 5. Experiences due to colleague's drinking

|                                                                                                                                                                      |                          |                             |                                        |                                              |                            |                                   |                                                        |                          |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|-----------------------------|----------------------------------------|----------------------------------------------|----------------------------|-----------------------------------|--------------------------------------------------------|--------------------------|
| In the past 6 months have you experienced any of the following due to one or more colleagues being hungover or under the influence of alcohol? (tick all that apply) |                          |                             |                                        |                                              |                            |                                   |                                                        |                          |
| <b>Role</b>                                                                                                                                                          | <b>% (n)</b>             |                             |                                        |                                              |                            |                                   |                                                        |                          |
|                                                                                                                                                                      | <b>None of the above</b> | <b>I had to work harder</b> | <b>I was less productive/effective</b> | <b>My team was less productive/effective</b> | <b>I was more stressed</b> | <b>I had to work longer hours</b> | <b>There was a negative effect on my team's morale</b> | <b>Prefer not to say</b> |

|                                              |                 |              |               |                |              |              |               |              |
|----------------------------------------------|-----------------|--------------|---------------|----------------|--------------|--------------|---------------|--------------|
| Member of Parliament (n=23)                  | 78.26%<br>(18)  | 4.35%<br>(1) | 0.00%<br>(0)  | 8.70%<br>(8)   | 8.70%<br>(2) | 0.00%<br>(0) | 4.35%<br>(1)  | 8.70%<br>(2) |
| Member of Staff, Westminster (n=56)          | 78.57%<br>(44)  | 3.57%<br>(2) | 14.29%<br>(8) | 12.50%<br>(7)  | 5.36%<br>(3) | 5.36%<br>(3) | 5.36%<br>(3)  | 0.00%<br>(0) |
| Member of Staff, Constituency Office (n=108) | 79.63%<br>(86)  | 4.63%<br>(5) | 4.63%<br>(5)  | 11.11%<br>(12) | 3.70%<br>(4) | 1.85%<br>(2) | 9.26%<br>(10) | 4.63%<br>(5) |
| Total (n=187)                                | 79.14%<br>(148) | 4.28%<br>(8) | 6.95%<br>(13) | 11.23%<br>(21) | 4.81%<br>(9) | 2.67%<br>(5) | 7.49%<br>(14) | 3.74%<br>(7) |

Table 6. Reported concerns about a colleague's drinking over the past six months

| In the past 6 months have you been concerned about a colleague's drinking? |                |                |              |                   |
|----------------------------------------------------------------------------|----------------|----------------|--------------|-------------------|
| Role                                                                       | % (n)          |                |              |                   |
|                                                                            | Yes            | No             | Not sure     | Prefer not to say |
| Member of Parliament (n=23)                                                | 21.74%<br>(5)  | 69.57%<br>(16) | 8.70%<br>(2) | 0.00%<br>(0)      |
| Member of Staff, Westminster (n=56)                                        | 10.71%<br>(6)  | 89.29%<br>(50) | 0.00%<br>(0) | 0.00%<br>(0)      |
| Member of Staff, Constituency Office (n=108)                               | 12.04%<br>(13) | 85.19%<br>(92) | 0.93%<br>(1) | 1.85%<br>(2)      |
| Total (n=187)                                                              | 12.83%         | 84.49%         | 1.60%        | 1.60%             |

|  |      |       |     |     |
|--|------|-------|-----|-----|
|  | (24) | (158) | (3) | (3) |
|--|------|-------|-----|-----|

*Table 7. Reported views on whether there are sufficient support services for alcohol problems in Westminster and constituency offices*

| Do you think there are sufficient support services available in Westminster or the constituency office for people to seek help for alcohol problems? |                   |             |             |                           |             |             |                   |
|------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|-------------|-------------|---------------------------|-------------|-------------|-------------------|
| Role                                                                                                                                                 | Westminster % (n) |             |             | Constituency office % (n) |             |             | Prefer not to say |
|                                                                                                                                                      | Yes               | No          | Not sure    | Yes                       | No          | Not sure    |                   |
| Member of Parliament (n=23)                                                                                                                          | 52.17% (12)       | 8.70% (2)   | 39.13% (9)  | 39.13% (9)                | 13.04% (3)  | 21.74% (5)  | 0.00% (0)         |
| Member of Staff, Westminster (n=56)                                                                                                                  | 19.64% (11)       | 28.57% (16) | 51.79% (29) | 3.57% (2)                 | 10.71% (6)  | 10.71% (6)  | 0.00% (0)         |
| Member of Staff, Constituency Office (n=108)                                                                                                         | 9.26% (10)        | 9.26% (10)  | 29.63% (32) | 30.56% (33)               | 17.59% (19) | 50.00% (54) | 1.85% (2)         |

*Table 8. Awareness of how to report concerns about a colleague's drinking*

| Are you aware of how to report any concerns about a colleague's drinking? |       |    |          |                   |
|---------------------------------------------------------------------------|-------|----|----------|-------------------|
| Role                                                                      | % (n) |    |          |                   |
|                                                                           | Yes   | No | Not sure | Prefer not to say |

|                                              |                |                |                |              |
|----------------------------------------------|----------------|----------------|----------------|--------------|
| Member of Parliament (n=23)                  | 34.78%<br>(8)  | 52.17%<br>(12) | 13.04%<br>(3)  | 0.00%<br>(0) |
| Member of Staff, Westminster (n=56)          | 28.57%<br>(16) | 53.57%<br>(30) | 17.86%<br>(10) | 0.00%<br>(0) |
| Member of Staff, Constituency Office (n=108) | 29.63%<br>(32) | 47.22%<br>(51) | 22.22%<br>(24) | 0.93%<br>(1) |
| Total (n=187)                                | 29.95%<br>(56) | 49.73%<br>(93) | 19.79%<br>(37) | 0.53%<br>(1) |

Table 9. Westminster/constituency office relationship with alcohol

| Which of these statements best describes how you would categorise the relationship Westminster/constituency offices has with alcohol in the workplace? |                      |                        |                              |                           |                        |                              |              |                   |
|--------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|------------------------|------------------------------|---------------------------|------------------------|------------------------------|--------------|-------------------|
| Role                                                                                                                                                   | Westminster % (n)    |                        |                              | Constituency office % (n) |                        |                              | Don't know   | Prefer not to say |
|                                                                                                                                                        | Healthy relationship | Unhealthy relationship | Neither healthy or unhealthy | Healthy relationship      | Unhealthy relationship | Neither healthy or unhealthy |              |                   |
| Member of Parliament (n=23)                                                                                                                            | 21.74%<br>(5)        | 34.78%<br>(8)          | 39.13%<br>(9)                | 39.13%<br>(9)             | 0.00%<br>(0)           | 26.09%<br>(6)                | 4.35%<br>(1) | 0.00%<br>(0)      |
| Member of Staff, Westminster (n=56)                                                                                                                    | 7.14%<br>(4)         | 44.64%<br>(25)         | 44.64%<br>(25)               | 14.29%<br>(8)             | 0.00%<br>(0)           | 7.14%<br>(4)                 | 3.57%<br>(2) | 0.00%<br>(0)      |

|                                                       |               |                |                |                |              |                |              |              |
|-------------------------------------------------------|---------------|----------------|----------------|----------------|--------------|----------------|--------------|--------------|
| Member of Staff,<br>Constituency<br>Office<br>(n=107) | 3.74%<br>(4)  | 34.58%<br>(37) | 14.02%<br>(15) | 56.07%<br>(60) | 0.00%<br>(0) | 39.25%<br>(42) | 4.67%<br>(5) | 0.00%<br>(0) |
| Total (n=186)                                         | 6.99%<br>(13) | 37.63%<br>(70) | 26.34%<br>(49) | 41.40%<br>(77) | 0.00%<br>(0) | 27.96%<br>(52) | 4.30%<br>(8) | 0.00%<br>(0) |

Table 10. Views on changes needed to how alcohol is dealt with in Westminster/constituency offices

| Which of the following statements best describes your view on whether changes are needed to how alcohol is dealt with in Westminster/constituency offices? |                                                                                                     |                                                                                   |                                                                           |                                                                                                     |                                                                                   |                                                                           |                   |
|------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|---------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|---------------------------------------------------------------------------|-------------------|
| Role                                                                                                                                                       | Westminster % (n)                                                                                   |                                                                                   |                                                                           | Constituency office % (n)                                                                           |                                                                                   |                                                                           | Prefer not to say |
|                                                                                                                                                            | Major change is needed to how alcohol is dealt with to make the workplace safer and more productive | Some changes to how alcohol is dealt with would improve the workplace environment | No changes are needed, I'm happy with how alcohol is currently dealt with | Major change is needed to how alcohol is dealt with to make the workplace safer and more productive | Some changes to how alcohol is dealt with would improve the workplace environment | No changes are needed, I'm happy with how alcohol is currently dealt with |                   |
| Member of Parliament<br>(n=23)                                                                                                                             | 17.39%<br>(4)                                                                                       | 26.09%<br>(6)                                                                     | 56.52%<br>(13)                                                            | 0.00%<br>(0)                                                                                        | 0.00%<br>(0)                                                                      | 65.22%<br>(15)                                                            | 0.00%<br>(0)      |



|                                                       |                |                |                |              |               |                 |              |
|-------------------------------------------------------|----------------|----------------|----------------|--------------|---------------|-----------------|--------------|
| Member of Staff,<br>Westminster<br>(n=56)             | 10.71%<br>(6)  | 46.43%<br>(26) | 41.07%<br>(23) | 0.00%<br>(0) | 1.79%<br>(1)  | 19.64%<br>(11)  | 1.79%<br>(1) |
| Member of Staff,<br>Constituency<br>Office<br>(n=107) | 14.02%<br>(15) | 30.84%<br>(33) | 6.54%<br>(7)   | 0.00%<br>(0) | 9.35%<br>(10) | 84.11%<br>(90)  | 2.80%<br>(3) |
| Total (n=186)                                         | 13.44%<br>(25) | 34.95%<br>(65) | 23.12%<br>(43) | 0.00%<br>(0) | 5.91%<br>(11) | 62.37%<br>(116) | 2.15%<br>(4) |